Note: Services listed may not be available in every community.

#### **REGION I - Bethel Census Area & Wade Hampton**

Aging and Disability Resource Centers (ADRC) Statewide: 1-877-625-2372

Connecting Seniors, People with Disabilities, and Caregivers with Long-Term Care Information & Services

Medicare Information Office Statewide: 907-269-3680 or 1-800-478-6065 TTY: 800-770-8973

One-on-one counseling to Medicare benficiaries and their families

COMMUNITIES SERVICES AGENCY PROVIDER

| COMMODITIES                          | 3LN VICL3   | AGLINCI PROVIDEN  |
|--------------------------------------|---|---|
| Bethel                               | Senior Congregate & Home Delivered Meals,<br>Transportation, Assisted Transportation, and<br>Adult Day Services   | Orutsararmiut Native Council P.O. Box 927 Bethel, AK 99559 543-2989 www.nativecouncil.org                                   |
| Bethel &<br>Wade Hampton Census Area | Senior Chore, Respite, Extended Respite, Supplemental Services, National Family Caregiver Support Program, Alzheimer's Disease & Related Disorders Education & Support Services, and ADRD Mini-Grants | Alzheimer's Disease Resource Agency of Alaska 1750 Abott Road Anchorage, AK 99507 561-3313 1-800-478-1080 www.alzalaska.org |
| LKSD Village Schools                 | Senior Congregate & Home Delivered Meals  | Lower Kuskokwim School District P.O. Box 305 Bethel, AK 99559 543-4844 www.lksd.org   |
| Bethel & YK Delta                    | Intellectual & Developmental Disabilities -<br>Short Term Assistance and Referral (STAR)<br>and Community Developmental Disabilities<br>Grant Services (CDDG)   | Yukon-Kuskokwim Health Corporation P.O. Box 528 Bethel, AK 99559 543-1768 (STAR) 543-1289 (CDDG) www.ykhc.org               |

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Note: Services listed may not be available in every community.

#### **REGION II**

# Fairbanks North Star Borough, Southeast Fairbanks, Yukon-Koyukuk and Denali Borough

Aging and Disability Resource Centers (ADRC) Statewide: 1-877-625-2372

Connecting Seniors, People with Disabilities, and Caregivers with Long-Term Care Information & Services

Medicare Information Office Statewide 907-269-3680 or 1-800-478-6065 TTY: 800-770-8973

One-on-one counseling to Medicare benficiaries and their families

COMMUNITIES/SERVICE AREAS SERVICES AGENCY PROVIDER

| COMMUNITIES/SERVICE AREAS | SERVICES   | AGENCY PROVIDER   |
|---------------------------|--|---|
| Fairbanks                 | Community Developmental Disabilities Grant<br>Services (CDDG)  | Adult Learning Programs of Alaska  122 First Avenue, Suite 201  Fairbanks, AK 99701  452-6434 or 1-866-452-6434  TTY: 452-6375  www.adultlearning.org   |
| Fairbanks                 | Alzheimer's Disease & Related Disorders Education & Support Services, National Family Caregiver Support Program, and ADRD Mini- Grants | Alzhiemer's Disease Resource Agency of Alaska 565 University Avenue, Suite 2 Fairbanks, AK 99709 452-2277 or 1-800-478-1080 www.alzalaska.org           |
| Fairbanks                 | Community Developmental Disabilities Grant<br>Services (CDDG) and Traumatic & Acquired<br>Brain Injury Case Management (TABI)          | Access Alaska, Inc. 526 Gaffney Road, Ste 100 Fairbanks, AK 99709 479-7940 or 1-800-770-7940 TTY: 474-8619 access@accessalaska.net www.accessalaska.org |

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Note: Services listed may not be available in every community.

| Fairbanks  | Community Developmental Disabilities Grant<br>Services (CDDG)   | Crossroad Counseling and Training Services 615 23rd Avenue, Suite 200 Fairbanks, AK 99701 455-9737  |
|--|---|---|
| Fairbanks &<br>Surrounding Area                                  | Senior Case Management, Respite, Chore, National Family Caregiver Support Program, Adult Day, Intellectual & Developmental Disabilities - Short Term Assistance & Referral (STAR), and Community Developmental Disabilities Grant Services (CDDG) | Fairbanks Resource Agency 805 Airport Way, Suite 1 Fairbanks, AK 99701 451-0389 (Senior Services) 456-8901 (STAR and CDDG)  www.fra-alaska.net  |
| Fairbanks  | Senior Congregate & Home Delivered Meals,<br>Transportation, Assisted Transportation, and<br>Homemaker  | North Star Council on Aging, Inc. Fairbanks Senior Center  1424 Moore Street Fairbanks, AK 99701  452-1735  seniorcenter@alaska.net www.seniorcenterfairbanks.webs.com  |
| Galena   | Senior Residential Services   | Yukon-Koyukuk Elder Assisted Living Consortium P.O. Box 189 Galena, AK 99741 646-2574   |
| Interior,<br>Southeast Fairbanks, &<br>Yukon-Koyukuk Communities | Senior Case Management, Chore, Respite,<br>National Family Caregiver Support Services,<br>and Community Developmental Disabilities<br>Grant Services (CDDG)   | Tanana Chiefs Conference, Inc  201 First Avenue, Suite 300  Fairbanks, AK 99701  452-8251, ext. 3440 (Senior Services)  1-800-478-7822, ext. 3440 (Senior Services)  452-8251, ext. 3232 or 1-800-478-6822 (CDDG)  www.tananachiefs.org |

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Note: Services listed may not be available in every community.

| Nenana & Minto              | Nenana: Senior Congregate & Home Delivered Meals, Transportation, and Assisted Transportation. Minto: Senior Congregate & Home Delivered Meals | Nenana Tortella Council on Aging P.O. Box 205 Nenana, AK 99760 832-5818 ntca@mtaonline.net |
|-----------------------------|--|--|
| Tanana                      | Senior Congregate & Home Delivered Meals, and Senior Residential Services  | Tanana Tribal Council (Elders Residence) P.O. Box 130 Tanana, AK 99777 366-7244            |
| Upper Tanana &<br>SC Region | Senior Congregate & Home Delivered Meals,<br>Transportation, Assisted Transportation,<br>Homemaker   | Upper Tanana Development Corporation P.O. Box 459 Tok, AK 99780 883-5157                   |

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Note: Services listed may not be available in every community.

#### **REGION III - North Slope Borough**

Aging and Disability Resource Centers (ADRC) 1-877-625-2372

Connecting Seniors, People with Disabilities, and Caregivers with Long-Term Care Information & Services

Medicare Information Office 907-269-3680 or 1-800-478-6065 TTY: 800-770-8973

One-on-one counseling to Medicare benficiaries and their families

COMMUNITIES SERVICES AGENCY PROVIDER

| Barrow | Community Developmental Disabilities Grant Services (CDDG)                                  | Hope Community Resource - Anchorage P.O. Box 2123 Barrow, AK 99723 852-0272 www.hopealaska.org      |
|--------|---|---|
| Barrow | Senior Transportation and Assisted Transportation and Health Promotion & Disease Prevention | North Slope Borough/ Department of Health P.O. Box 69 Barrow, AK 99723 852-2276 www.north-slope.org |

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Note: Services listed may not be available in every community.

#### **REGION IV - Anchorage Municipality (includes Eagle River and Chugiak)**

Aging and Disability Resource Centers (ADRC) in Anchorage: 343-7770 Statewide: 1-877-625-2372 Connecting Seniors, People with Disabilities, and Caregivers with Long-Term Care Information & Services

Medicare Information Office Statewide 907-269-3680 or 1-800-478-6065 TTY: 800-770-8973

One-on-one counseling to Medicare benficiaries and their families

COMMUNITIES SERVICES AGENCY PROVIDER

| Anchorage                           | Community Developmental Disabilities Grant<br>Services (CDDG) and Traumatic & Acquired<br>Brain Injury Case Management (TABI)   | Access Alaska, Inc.  1217 East 10th Avenue  Anchorage, AK 99501  248-4777  1-800-770-4488  info@accessalaska.org  http://accessalaska.org |
|-------------------------------------|---|---|
| Anchorage, Chugiak &<br>Eagle River | Senior Case Management, Chore, Respite,<br>National Family Caregiver Support Services,<br>Alzheimer's Disease & Related Disorders<br>Education & Support Services, and ADRD Mini-<br>Grants | Alzheimer's Disease Resource Agency 1750 Abbott Road Anchorage, AK 99507 561-3313 1-800-478-1080 www.alzalaska.org                        |
| Anchorage                           | Senior Nutrition Education  | Anchor-Age Center P.O. Box 196650 Anchorage, AK 99501 343-6736 www.anchorageseniorcenter.org  |

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Note: Services listed may not be available in every community.

|            |   | Anchorage Community Mental Health Services |
|------------|---|--|
|            |   | Day Break Adult Day                        |
|            |   | 9210 Jupiter Drive                         |
| Anchorage  | Adult Day (Daybreak)  | Anchorage, AK 99516                        |
|            |   | 346-2234                                   |
|            |   | daybreak@acmhs.com                         |
|            |   | www.acmhs.com                              |
|            |   | The ARC of Anchorage                       |
|            | Intellectual & Davidsonmental Disabilities  | STAR Program                               |
|            | Intellectual & Developmental Disabilities - Short Term Assistance & Referral (STAR) and | 211 Arca Drive                             |
| Anchorage  | Community Developmental Disabilities Grant  | Anchorage, AK 99508                        |
|            | Services (CDDG)   | 277-6677                                   |
|            | Sel 11063 (622 6)   | TTY: 258-2232                              |
|            |   | www.thearcofanchorage.org                  |
|            | Community Developmental Disabilities Grant Services (CDDG)                              | Assets, Inc.                               |
|            |   | 2330 Nichols Street                        |
| Anchorage  |   | Anchorage, AK 99508                        |
| , menorage |   | 279-6617                                   |
|            |   | TTY: 278-8766                              |
|            |   | www.assetsinc.org                          |
| Anchorage  |   | <b>Catholic Social Services</b>            |
|            |   | 3710 E. 20th, Suite 1                      |
|            | Community Developmental Disabilities Grant Services (CDDG)                              | Anchorage, AK 99508                        |
|            |   | 222-7308                                   |
|            |   | catholicsocialservices@cssalaska.org       |
|            |   | www.cssalaska.org                          |

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Note: Services listed may not be available in every community.

| Anchorage | Community Developmental Disabilities Grant<br>Services (CDDG)  | Challenge Alaska 3550 Commercial Drive, Suite 208 Anchorage, AK 99501 344-7254 1-888-4302738 info@challengealaska.org www.challengealaska.org   |
|-----------|--|---|
| Anchorage | Intellectual & Developmental Disabilities - Short Term Assistance & Referral (STAR) and Community Developmental Disabilities Grant Services (CDDG) | Hope Community Resource - Anchorage 540 W. International Airport Road Anchorage, AK 99518 561-5335 TTY: 546-7445 1-800-478-0078 www.hopealaska.org  |
| Anchorage | Senior Congregate & Home Delivered Meals,<br>Transportation, Assisted Transportation,<br>Homemaker   | Hospice of Anchorage  2612 E Northern Lights Blvd  Anchorage, AK 99508  561-5322  www.hospiceofanchorage.org  |
| Anchorage | Senior Congregate & Home Delivered Meals,<br>Transportation, Assisted Transportation,<br>Homemaker   | Salvation Army Older Alaskans Program  1712 A Street  Anchorage, AK 99501  349-0613 <a href="http://www1.usw.salvationarmy.org/usw/www_usw_alaska.nsf">http://www1.usw.salvationarmy.org/usw/www_usw_alaska.nsf</a> |

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Note: Services listed may not be available in every community.

| Anchorage                             | Adult Day and Community Developmental<br>Disabilities Grant Services (CDDG)  | Serendipity Adult Day Services - Salvation Army  3550 E. 20th Avenue  Anchorage, AK 00501  279-0501 <a href="http://www1.usw.salvationarmy.org/usw/www_usw_alaska.nsf">http://www1.usw.salvationarmy.org/usw/www_usw_alaska.nsf</a> |
|---------------------------------------|--|---|
| Anchorage &<br>Municipality Bowl Area | Aging and Disability Resource Center (ADRC) and Transportation (Anchor Rides)  | Municipality of Anchorage 825 L St, Suite 203, Anchorage, AK 99501 343-7770 (ADRC) 632 W. 6th Ave., Anchorage, AK 99501 343-6331 (Public Transportation) www.muni.org   |
| Anchorage & Mat-Su                    | Retired Senior Volunteers Program (RSVP)<br>and Grandparents Raising Grandchildren   | Volunteers Of America, Alaska. Inc.  509 W Third Avenue, Suite 103  Anchorage, AK 99501  279-9674 (RSVP)  522-9866 or 1-800-522-9866 (grandfamilies)  grands@voaak.org  www.voaak.org   |
| Chugiak & Eagle River                 | Senior Congregate & Home Delivered Meals,<br>Transportation, Assisted Transportation, and<br>Adult Day   | Chugiak-Eagle River Senior Citizens, Inc 22424 N. Birchwood Loop Road Chugiak, AK 99567 688-2679 www.chugiak-seniors.org  |
| Chugiak & Eagle River                 | Intellectual & Developmental Disabilities - Short Term Assistance & Referral (STAR) and Community Developmental Disabilities Grant Services (CDDG) | Focus, Inc. 11901 Business Blvd, Suite 209 Eagle River, AK 99577 694-6002 info@focusoutreach.org www.focusoutreach.org  |

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Note: Services listed may not be available in every community.

#### REGION V - Kenai Peninsula, Matanuska-Susitna, and Valdez-Cordova

Aging and Disability Resource Centers (ADRC) for the Kenai Peninsula Valdez/Cordova: 262-6333 or 1-800-770-7911

in Mat-Su: 373-3632 or 1-855-355-3632 or Statewide for locations: 1-877-625-2372

Connecting Seniors, People with Disabilities, and Caregivers with Long-Term Care Information & Services

Medicare Information Office Statewide 907-269-3680 or 1-800-478-6065 TTY: 800-770-8973

One-on-one counseling to Medicare benficiaries and their families

COMMUNITIES SERVICES AGENCY PROVIDER

| COMMUNITIES | SERVICES   | AGENCI PROVIDER  |
|-------------|--|--|
| Cordova     | Community Developmental Disabilities Grant Services (CDDG)                               | Sound Alternatives 602 Chase Avenue, P.O. Box 160 Cordova, AK 99574 424-8268   |
| Cordova     | Senior Congregate & Home Delivered Meals,<br>Transportation, and Assisted Transportation | Cordova Senior Services  P.O. Box 160  Cordova, AK 99574  424-8241  www.crpd.com   |
| Glennallen  | Community Developmental Disabilities Grant<br>Services (CDDG)                            | Connecting Ties  Mile 111 Richardson Hwy, P.O. Box 186  Glennallen, AK 99588  822-3384  www.connectingties.org                           |
| Homer       | Community Developmental Disabilities Grant<br>Services (CDDG)                            | South Peninsula Behavioral Health Services d.b.a. the Center (PRIDE Program) 3948 Ben Walters Lane Homer AK 99603 235-7805 www.sbbhs.org |

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Note: Services listed may not be available in every community.

| Homer &<br>Surrouding Area          | Senior Congregate & Home Delivered Meals,<br>Adult Day (Friendship Center)  | Homer Senior Citizens, Inc 3935 Svedlund Street Homer, AK 99603 234-7655 www.homerseniors.com               |
|-------------------------------------|---|---|
| Homer &<br>Surrounding Area         | Case Management, Chore, Respite, and<br>Supplemental Services   | South Peninsula Hospital 4300 Bartlett Street Homer, AK 99603 235-0348 www.sphosp.com                       |
| Kenai                               | Senior Congregate & Home Delivered Meals,<br>Transportation, and Assisted Transportation  | City of Kenai Senior Services  361 Senior Court  Kenai, AK 99611  283-4156  www.ci.kenai.ak.us/seniorcenter |
| Kenai Peninsula &<br>Valdez/Cordova | Community Developmental Disabilities Grant Services (CDDG)  | Hope Community Resources, Inc. 43335 K-Beach Road, Suite 27 Soldotna, AK 99669 260-9469 www.hopealaska.org  |
| Kenai Peninsula &<br>Valdez/Cordova | Aging and Disability Resource Center (ADRC) and Intellectual & Developmental Disabilities - Short Term Assistance & Referral (STAR) | Independent Living Center 47255 Princeton Avenue, Suite 8 Soldotna, AK 99669 262-6333 www.peninsulailc.org  |

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Note: Services listed may not be available in every community.

|          | Γ  | T   |
|----------|--|---|
|          |  | Alzheimer's Disease Resource Agency of Alaska               |
|          | Alzheimer's Disease & Related Disorders                    | 10355 E. Palmer-Wasilla Hwy, Suite 110 (Trinity Barn Place) |
| Mat-Su   | Education & Support Services, ADRC Mini-                   | Palmer, AK 99645  |
| Iviac 3a | Grants, National Family Caregiver Support                  | 746-3413  |
|          | Program, Chore, and Respite                                | 1-800-478-1080  |
|          |  | www.alzalaska.org   |
|          |  | Access Alaska, Inc.   |
|          |  | 1075 Check Street, Suite 109                                |
|          | Community Developmental Disabilities Grant                 | Wasilla, AK 99687   |
| Mat-Su   | Services (CDDG)  | 357-2588 or 1-800-770-0228                                  |
|          |  | infomatsu@accessalaska.org                                  |
|          |  | www.accessalaska.org  |
|          |  | Hope Community Resources, Inc.                              |
|          | Community Davidonmantal Disabilities Crant                 | 851 E. Westpoint Drive, Suite 306                           |
| Mat-Su   | Community Developmental Disabilities Grant Services (CDDG) | Wasilla, AK 99654   |
|          |  | 357-3750  |
|          |  | www.hopealaska.org  |
|          |  | LINKS Mat-Su Aging & Disability Resource Center             |
|          | Asias & Disability Desayure Contan (ADDC)                  | Mat-Su Parent Resource Center                               |
| Mat-Su   | Aging & Disability Resource Center (ADRC)                  | 3161 E. Palmer-Wasilla Hwy #2                               |
| iviat-Su | and Traumatic & Acquired Brain Injury Mini-<br>Grants      | Wasilla, AK 99654   |
|          | Grants   | 373-3632 or 1-855-355-3632                                  |
|          |  | www.linksprc.org  |
|          |  | Mat-Su Services for Children and Adults, Inc.               |
|          | Intellectual & Developmental Disabilities -                | 1225 W. Spruce Avenue                                       |
| Mat-Su   | Short Term Assistance and Referral (STAR)                  | Wasilla, AK 99654   |
| iviat-su | and Community Developmental Disabilities                   | 352-1200  |
|          | Grant Program (CDDG)                                       | mssca@mssca.org   |
|          |  | www.mssca.org   |

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Note: Services listed may not be available in every community.

| Mat-Su                                 | Senior Congregate & Home Delivered Meals,<br>Transportation, Assisted Transportation, Case<br>Management, National Family Caregiver<br>Support Program, Health Promotion &<br>Disease Prevention, and<br>Adult Day (Palmer and Big Lake) | Palmer Senior Citizens Center, Inc.  d.b.a. Mat-Su Senior Services  1132 S. Chugach Street  Palmer, AK 99645  Palmer: 745-5454  Wasilla: 376-3104  Mid-Valley: 892-6114  pscc@mtaonline.net  www.palmerseniors.com  www.alaskaseniors.com  www.midvalleyseniors.org |
|--|--|---|
| Nikiski                                | Senior Case Management, Chore, Respite, and<br>Homemaker   | Nikiski Senior Citizens, Inc. P.O. Box 6973 Nikiski, AK 99635 776-7654  |
| Seldovia                               | Senior Congregate & Home Delivered Meals   | City of Seldovia P.O. Box B Seldovia, AK 99663 234-7643 citymanager@cityofseldovia.com www.cityofseldovia.org   |
| Seward                                 | Community Developmental Disabilities Grant Services (CDDG)   | Seaview Community Services  302 Railway Avenue  Seward, AK 99664  224-5257  |
| Seward, Lowell Point, & Crown<br>Point | Senior Congregate & Home Delivered Meals,<br>Transportation, and Health Promotion &<br>Disease Prevention  | Seward Senior Citizens, Inc. P.O. Box 1195 Seward, AK 99664 224-5604 www.sewardsenior.org   |

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Note: Services listed may not be available in every community.

| Seward, Lowell Point, Bear Lake,<br>Moose Pass, Crown Point,<br>Cooper Landing, & Hope | Senior Case Management, Respite, and Chore   | Qutekcak Native Tribe P.O. Box 1467 Seward, AK 99664 224-3118, ext. 2 elders@qutekcak.org www.qutekcak.net   |
|--|--|--|
| Soldotna &<br>Kenai Peninsula  | Community Developmental Disabilities Grant<br>Services (CDDG)  | Access Alaska, Inc. 33880 Community College Drive Soldotna, AK 99669 283-7224 1-800-260-9339 www.accessalaska.org  |
| Soldotna &<br>Surrounding Area   | Senior Congregate & Home Delivered Meals,<br>Transportation, and National Family Caregiver<br>Support Program  | Soldotna Area Senior Citizens, Inc.  197 West Park Avenue  Soldotna, AK 99669  262-2322 (Meals & Transportation)  262-1280 (Family Caregiver Program)  solsctr@alaska.net  www.kpnfcsp.org |
| Soldotna &<br>Kenai Peninsula  | Senior Case Management, Chore, Respite, Supplemental Services, Adult Day (Forget Me Not), and Community Developmental Disabilities Grant Services (CDDG) | Frontier Community Services  43335 K-Beach Rd, Suite 36  Soldotna, AK 99669  262-6331  1-800-819-8194  283-7294 (Forget Me Not Adult Day)  www.fcsonline.org                               |

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Note: Services listed may not be available in every community.

| Valdez           | Community Developmental Disabilitie Grant<br>Services (CDDG)   | Connecting Ties, Inc.  128 Cenega, P.O. Box 2017  Valdez, AK 99686  835-3274  1-866-835-3275  ctied@alaska.net  www.connectingties.org |
|------------------|--|--|
| Valdez           | Community Developmental Disabilities Grant<br>Services (CDDG)  | Frontier Community Services P.O. Box 1310 Valdez, AK 99686 835-4504 www.fcsonline.org  |
| Valdez           | Senior Congregate & Home Delivered Meals,<br>Transportation, and Assisted Transportation   | Valdez Senior Citizens Center P.O. Box 1635 Valdez, AK 99686 835-5032 www.valdezseniorcenter.org                                       |
| Valdez & Cordova | Senior Respite, Chore, Alzeimer's Disease & Related Disorders Education & Support, and National Family Caregiver Support Program | Alzhiemer's Disease Resource Agency of Alaska 1750 Abbott Road Anchorage, AK 99507 561-3313 1-800-478-1080 www.alzalaska.org           |
| Wasillia         | Senior Health Promotion & Disease Prevention   | Wasilla Area Seniors 1301 S. Century Circle Wasilla, AK 99654 376-3104 www.alaskaseniors.com   |

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Note: Services listed may not be available in every community.

#### **REGION VI - Nome Census Area and Norwest Arctic**

Aging and Disability Resource Centers (ADRC) Statewide: 1-877-625-2372

Connecting Seniors, People with Disabilities, and Caregivers with Long-Term Care Information & Services

Medicare Information Office Statewide: 907-269-3680 or 1-800-478-6065 TTY: 800-770-8973

One-on-one counseling to Medicare benficiaries and their families

COMMUNITIES SERVICES AGENCY PROVIDER

| COMMUNITIES                           | SERVICES  | AGENCY PROVIDER   |
|---------------------------------------|---|---|
| Kotzebue &<br>Surrounding Communities | Senior Congregate & Home Delivered Meals, Case Management, Chore, Intellectual & Developmental Disabilities-Short Term Assistance and Referral (STAR), and Community Developmental Disabilities Grant Services (CDDG) | Maniilaq Association P.O. Box 256 Kotzebue, AK 99752 442-7947 (senior meals) 442-7033 (other elder services) 442-0419 (STAR) 442-3776 (CDDG) 1-800-478-9771 http://www.maniilaq.org/home.html |
| Nome                                  | Senior Congregate & Home Delivered Meals,<br>Transportation, Assisted Transportation,<br>Health Promotion & Disease Prevention, and<br>Adult Day (Managsri)   | Nome Community Center, Inc P.O. Box 98 Nome, AK 99762 443-5238 www.nomecc.org   |
| Nome &<br>Surrounding Area            | Senior Respite, Chore, Alzheimer's Disease & Related Disorders Education & Support Services, ADRD Mini-Grants, and National Family Caregiver Support Program  | Alzheimer's Disease Resource Agency of Alaska 1750 Abbott Road Anchorage, AK 99507 561-3313 1-800-478-1080 www.alzalaska.org  |

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Note: Services listed may not be available in every community.

| Nome &<br>Surrounding Area | Community Developmental Disabilities Grant<br>Services (CDDG) | Norton Sound Health Corporation P.O. Box 966 Nome, AK 99762 443-4553 www.nshc.org |
|----------------------------|---|---|
| White Mountain             | Senior Congregate & Home Delivered Meals                      | Native Village of White Mountain P.O. Box 84090 White Mountain, AK 99784 638-3651 |

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Note: Services listed may not be available in every community.

#### REGION VII - Bristol Bay Borough, Dillingham, Lake and Peninsula, and Kodiak Island

Aging and Disability Resource Centers (ADRC) at BBNA: 1-877-625-2372

Connecting Seniors, People with Disabilities, and Caregivers with Long-Term Care Information & Services

Medicare Information Office 907-269-3680 or 1-800-478-6065 TTY: 800-770-8973

One-on-one counseling to Medicare benficiaries and their families

COMMUNITIES SERVICES AGENCY PROVIDER

| COMMONTILS             | SLAVICLS   | AGLIVET PROVIDER  |
|------------------------|--|---|
| Bristol Bay Region     | Senior Congregate & Home Delivered Meals, Case Management and Aging & Disability Resource Center (ADRC)  | Bristol Bay Native Association P.O. Box 310 Dillingham, AK 99576 842-4139 (Main office) 842-1902 (Senior Center & ADRC) or 1-844842-1902 www.bbna.com |
| Bristol Bay Region     | Senior Respite, Chore, Alzheimer's Disease & Related Disorders Education & Support Services, ADRD Mini-Grants, and National Family Caregiver Support Program | Alzheimer's Disease Resource Agency of Alaska 1750 Abbott Road Anchorage, AK 99507 561-3313 1-800-478-1080 www.alzalaska.org                          |
| Dillingham & Aleknagik | Senior Congregate & Home Delivered Meals (in Dillingham), Transportation, and Assisted Transportation (Dillingham and Aleknagik)                             | City of Dillingham Senior Center P.O. Box 1569 Dillingham, AK 99576 842-1231 seniorcenter@dillinghamak.us www.ci.dillingham.ak.us/seniors1.html       |

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Note: Services listed may not be available in every community.

| Dillingham                               | Senior Residential Services   | Grandma's House (Marrulut Eniit Assisted Living)  Bristol Bay Housing Authority  P.O. Box 50  Dillingham, AK 99576  842-9422 |
|--|---|--|
| Dillingham                               | Community Developmental Disabilities Grant<br>Services (CDDG)   | Hope Community Resources, Inc.  P.O. Box 715  Dillingham, AK 99576  478-2117  www.hopealaska.org                             |
| Kodiak & Communities of<br>Kodiak Island | Senior Congregate & Home Delivered Meals,<br>Transporation, Assisted Transportation, Case<br>Management, Respite, Chore, National Family<br>Caregiver Support Program, and Adult Day<br>(Island Cove) | Senior Citizens of Kodiak, Inc  302 Erskine Avenue  Kodiak, AK 99615  486-6181  scokinc@ak.net  www.kodiakseniorcenter.org   |
| Kodiak & Bristol Bay                     | Intellectual & Developmental Disabilities -<br>Short Term Assistance & Referral (STAR), and<br>Community Developmental Disabilities Grant<br>Services (CDDG)  | Hope Community Resources - Kodiak 917 Mill Bay Road Kodiak, AK 99615 512-2507 (STAR) 486-5011 (CDDG) www.hopealaska.org      |

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Note: Services listed may not be available in every community.

#### **REGION VIII - Aleutian Islands East and Aleutian Islands West**

Aging and Disability Resource Centers (ADRC) at BBNA: 1-844-842-1902 or Statewide: 1-877-625-2372

Connecting Seniors, People with Disabilities, and Caregivers with Long-Term Care Information & Services

Medicare Information Office Statewide: 907-269-3680 or 1-800-478-6065 TTY: 800-770-8973

One-on-one counseling to Medicare benficiaries and their families

COMMUNITIES SERVICES AGENCY PROVIDER

| Aleutians  | Intellectual & Developmental Disabilities - Short Term Assistance & Referral (STAR), and Community Developmental Disabilities Grant Services (CDDG) | Hope Community Resources - Kodiak 917 Mill Bay Road Kodiak, AK 99615 512-2507 (STAR) 486-5011 (CDDG) www.hopealaska.org |
|--|---|---|
| Unalaska & Dutch Harbor  | Senior Congregate & Home Delivered Meals,<br>Transportation, Assisted Transportation, and<br>Nutrition Education                                    | Unalaska Senior Citizens P.O. Box 294 Unalaska, AK 99685 581-5195 unaksc@akwisp.com                                     |
| Adak, Akutan, Cold Bay, False<br>Pass, King Cove, Nelson Lagoon,<br>& Sand Point | Senior Case Management  | Eastern Aleutian Tribes 3380 C Street, Ste. 100 Anchorage, AK 99503 277-1440, ext. 519 www.eatribes.org                 |

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Note: Services listed may not be available in every community.

#### **REGION IX - Southeast**

Aging and Disability Resource Centers (ADRC) at SAIL: 586-4920 or 1-800-478-7245 or Statewide: 1-877-625-2372

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One-on-one counseling to Medicare benficiaries and their families

COMMUNITIES SERVICES AGENCY PROVIDER

| COMMUNICIALITIES   | SERVICES  | AGLINET FROVIDER  |
|--|---|---|
| Angoon, Craig, Haines, Hoonah,<br>Hydaburg, Juneau, Kake,<br>Ketchikan, Klawock, Metlakatla,<br>Saxman, Sitka, Skagway,<br>Wrangell, & Yakutat | Senior Congregate & Home Delivered Meals, Transportation, Assisted Transportation, Homemaker, Case Management, National Family Caregiver Support Program, Health Promotion & Disease Prevention, and Adult Day (the Bridge) | Catholic Community Service, Inc. d/b/a Southeast Senior Serivces 419 7th Street Juneau, AK 99801 463-6177 463-6170 (The Bridge Adult Day) www.ccsjuneau.org |
| Juneau & Other Southeast<br>Communities  | Alzheimer's Disease and Related Disorders<br>Education and Support Services, ADRC Mini-<br>Grants, and National Family Caregiver Support<br>Program   | Alzheimer's Disease Resource Agency 3225 Hospital Drive, Suite 101A Juneau, AK 99801 586-6044 1-800-478-1080 www.alzalaska.org                              |
| Juneau   | Community Developmental Disabilities Grant Services (CDDG)  | Hope Community Resources, Inc. 9301 Glacier Hwy, Suite 100 Juneau, AK 99801 463-3602 www.hopealaska.org   |

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Note: Services listed may not be available in every community.

| Juneau   | Intellectual Developmental Disabilities - Short<br>Term Assistance & Referral (STAR) and<br>Community Developmental Disabilities Grant<br>Services (CDDG)  | REACH, Inc. 213 Third Street Juneau, AK 99801 586-8228 intakeresource@reachak.org www.reachak.org   |
|--|--|---|
| Juneau   | Senior Health Promotion Disease Prevention   | Bartlett Regional Hospital, Senior Diabetes Prevention 3260 Hospital Drive Juneau, AK 99801 796-8837 www.barletthospital.org  |
| Ketchikan, Craig, Metlakatla &<br>Southern Prince of Wales | Senior Case Managent, Respite, Chore,<br>Supplemental Services, Intellectual<br>Developmental Disabilities - Short Term<br>Assistance & Referral (STAR) and Community<br>Developmental Disabilities Grant Services<br>(CDDG) | Community Connections 721 Stedman Street Ketchikan, AK 99901 225-7825 (Ketchikan) TTY: 225-7825 1-800-478-7825 Craig Office P.O. Box 420, Craig, AK 99921 826-3891 www.comconnections.org |
| Ketchikan  | Adult Day (Rendezvous)   | Rendezvous Senior Day Services  2441 First Avenue  Ketchikan, AK 99901  247-1961  www.renezvouservices.org  |

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Note: Services listed may not be available in every community.

| Haines                    | Community Developmental Disabilities Grant<br>Services (CDDG)                              | REACH, Inc. Fort Seward Drive, #23 Haines, AK 99827 766-3457 www.reachak.org                      |
|---------------------------|--|---|
| Metlakatla                | Senior Congregate & Home Delivered Meals   | Metlakatla Indian Community P.O. Box 8 Metlakatla, AK 99926 886-7191 www.metlakatla.com           |
| Northern Southeast Alaska | Intellectual and Developmental Disabilities -<br>Short Term Assistance and Referral (STAR) | REACH, Inc. 213 Third Street Juneau, AK 99801 586-8228 intakeresource@reachak.org www.reachak.org |
| Petersburg                | Senior Congregate & Home Delivered Meals   | Moutain View Food Services, Inc<br>P.O. Box 1364<br>Petersburg, AK 99833<br>772-4856              |
| Petersburg                | Community Developmental Disabilities Grant<br>Services (CDDG)                              | REACH, Inc. 213 Third Street Juneau, AK 99801 586-8228 intakeresource@reachak.org www.reachak.org |

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Note: Services listed may not be available in every community.

| Sitka Borough, Juneau, Hoonah,<br>Kake, & Yakutat  | Senior Case Management, Chore, Respite, and<br>Community Developmental Disabilities Grant<br>Services (CDDG) | Center for Community 700 Katlian Street, Suite B Sitka, AK 99835 747-6960 (Sitka) 790-3650 (Juneau) 1-800-478-6970 www.centerforcommunity.com www.compasshomecare.com |
|--|--|---|
| Southern Southeast Alaska                          | Intellectual and Developmental Disabilities -<br>Short Term Assistance and Referral (STAR)                   | Community Connections 721 Stedman Street Ketchikan, AK 99801 225-7825 TTY: 225-7825 1-800-478-7825 www.comconnections.org   |
| Wrangell, Petersburg &<br>Northern Prince of Wales | Senior Case Management, Chore, Respite, and<br>Community Developmental Disabilities Grant<br>Services (CDDG) | Alaska Island Community Services P.O. Box 1231 Wrangell, AK 99929 874-3375 (Senior Services) 874-2373 (CDDG) www.akics.org  |

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Note: Services listed may not be available in every community.

#### **REGION X - Statewide**

Aging and Disability Resource Centers (ADRC) Statewide: 1-877-625-2372

Connecting Seniors, People with Disabilities, and Caregivers with Long-Term Care Information & Services

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One-on-one counseling to Medicare benficiaries and their families

COMMUNITIES SERVICES AGENCY PROVIDER

|           | SERVICES   |  |
|-----------|--|--|
| Statewide | Legal Services for Seniors and Caregivers  | Alaska Legal Services Corporation 1016 W. Sixth Avenue, Suite 200 Anchorage, AK 99501 222-4509 1-888-478-2572 www.alsc-law.org                 |
| Statewide | Alzeimer's Disease & Related Disorders<br>Education & Support Services, and ADRD Mini-<br>Grants | Alzheimer's Disease Resource Agency of Alaska 1750 Abbott Road Anchorage, AK 99507 561-3313 1-800-478-1080 www.alzalaska.org                   |
| Statewide | Traumatice & Acquired Brain Injury (TABI)<br>Mini-Grants   | LINKS Mat-Su Aging & Disability Resource Center  3161 #. Palmer-Wasilla Hwy, #2  Wasilla, AK 99654  373-3632  1-855-355-3632  www.linksprc.org |

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Note: Services listed may not be available in every community.

|           |  | Older Persons Action Group, Inc              |
|-----------|--|--|
| Statewide | Senior Voice Monthly Publication   |  |
|           |  | 325 E. Third Avenue, Suite 300               |
|           |  | Anchroage, AK 99501                          |
|           |  | 276-1059                                     |
|           |  | info@seniorvoicealaska.com                   |
|           |  | www.seniorvoicealaska.com                    |
| Statewide | Foster Grandparent/Elder Mentor Program  | Rural Alaskan Community Action Program, Inc. |
|           |  | 731 East 8th Avenue                          |
|           |  | Anchorage, AK 99501                          |
|           |  | 865-7357                                     |
|           |  | 1-800-478-7227                               |
|           |  | www.ruralcap.com                             |
| Statewide | Intellectual Developmental Disabilities - Short<br>Term Assistance & Referral (STAR) and<br>Developmental Disabilities Mini Grants | Stone Soup Group                             |
|           |  | 307 E. Northern Lights Blvd, Suite 100       |
|           |  | Anchorage, AK 99503                          |
|           |  | 561-3701                                     |
|           |  | 1-877-786-7327                               |
|           |  | ssg@stonesoupgroup.org                       |
|           |  | www.stonesoupgroup.org                       |
| Statewide | Grandparents Raising Grandchildren (National<br>Family Caregiver Support Program)  | Volunteers of America Alaska                 |
|           |  | 509 W. Third Avenue, Suite 103               |
|           |  | Anchorage, AK 99501                          |
|           |  | 522-9866                                     |
|           |  | 1-888-522-9866                               |
|           |  | grands@voaak.org                             |
|           |  | <u>www.voaak.org</u>                         |

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Note: Services listed may not be available in every community.

#### State SDS Grants Unit Program Managers

Lisa Morley, HPM III 465-4996

**Grant Services Manager** 

Grant Programs: Behavioral Risk Management, Senior Residential Services (SRS)

lisa.morley@alaska.gov

Judith Bendersky, HPM II 269-3669

Grant Programs: Medicare Information Office/SHIP

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Vacant 465-4996

Grant Programs: Community Developmental Disabilities Grant (CDDG), Short Term Assitance & Referral (STAR), Developmental Disabilities

(DD) Mini-Grants, Deaf Navigator

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Joan Gone, RDN, HPM II 465-4876

Grant Programs: Nutrition, Transportation and Support Services (NTS) and Health Promotion and Disease Prevention (HPDP)

joan.gone@alaska.gov

Cyndee Sugar, HPM II 465-4798

Grant Programs: Aging and Disability Resource Centers (ADRC), Traumatic and Acquired Brain Injury (TABI)

cyndee.sugar@alaska.gov

Eric Wharton, HPM II 465-5810

Grant Programs: Adult Day Services (ADS), National Family Caregiver Support Program (NFCSP), Senior In-Home Services (SIH), ADRD

**Education & Support Services** 

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